



# *Prepare Seminole!*

*Your "How To" Guide to Help You Prepare for Disasters*

- Make a Plan*
- Get a Kit*
- Stay Informed*
- Volunteer*



  
**SEMINOLE COUNTY**

FLORIDA'S NATURAL CHOICE

[www.PrepareSeminole.org](http://www.PrepareSeminole.org)

This guide was printed using a grant  
for Public Safety educational programs.

## EMERGENCY CONTACTS

*It is recommended that you charge your cell and portable phones 24 hours ahead of a storm/hurricane.*

### COUNTY SERVICES CONTACTS

|  |              |
|--|--------------|
| Animal Services.....   | 407-665-5201 |
| Building Permits (unincorporated only).....  | 407-665-7050 |
| Emergency Management.....  | 407-665-5102 |
| Fire and Rescue .....  | 407-665-5175 |
| Garbage Collection (unincorporated only) .....   | 407-665-2260 |
| Health Department - <a href="http://www.seminolecohealth.com">www.seminolecohealth.com</a> ..... | 407-665-3000 |
| Sheriff's Office - <a href="http://www.seminolesheriff.org">www.seminolesheriff.org</a> .....    | 407-665-6600 |
| Small Business Disaster Loan Assistance .....  | 407-665-7135 |
| Special Needs Shelter Registration .....   | 407-665-5102 |
| Water and Sewer (unincorporated only).....   | 407-665-2110 |

### CITY SERVICES CONTACTS

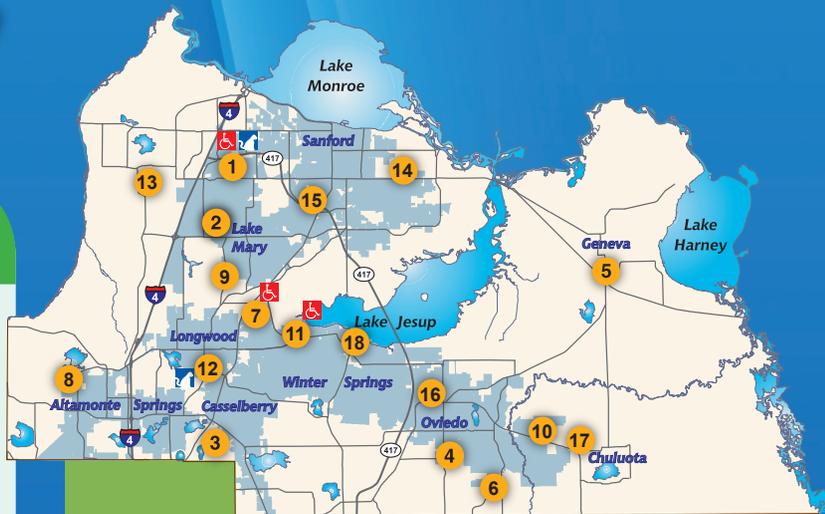
|   |              |
|---|--------------|
| Altamonte Springs - <a href="http://www.altamonte.org">www.altamonte.org</a> .....          | 407-571-8000 |
| Casselberry - <a href="http://www.casselberry.org">www.casselberry.org</a> .....            | 407-262-7700 |
| Lake Mary - <a href="http://www.lakemaryfl.com">www.lakemaryfl.com</a> .....                | 407-585-1400 |
| Longwood - <a href="http://www.longwoodfl.org">www.longwoodfl.org</a> ..... (City Hall)     | 407-339-1297 |
| Oviedo - <a href="http://www.cityofoviedo.net">www.cityofoviedo.net</a> ..... (EOC)         | 407-971-5555 |
| Sanford - <a href="http://www.sanfordfl.gov">www.sanfordfl.gov</a> .....                    | 407-688-5000 |
| Winter Springs - <a href="http://www.winterspringsfl.org">www.winterspringsfl.org</a> ..... | 407-327-1800 |

### ORGANIZATIONS

|   |              |
|---|--------------|
| American Red Cross - <a href="http://www.redcross.org/fl/orlando">www.redcross.org/fl/orlando</a> .....         | 407-894-4141 |
| Center for Disease Control and Prevention - <a href="http://www.cdc.gov">www.cdc.gov</a> .....                  | 800-232-4636 |
| FEMA - <a href="http://www.fema.gov">www.fema.gov</a> .....   | 800-621-3362 |
| Heart of Florida United Way - <a href="http://www.hfuw.org/">www.hfuw.org/</a> ..... 2-1-1 or 407-839-HELP/4357 |              |
| Insurance Problems - <a href="http://www.myfloridaCFO.com">www.myfloridaCFO.com</a> .....                       | 877-693-5236 |
| National Weather Service - <a href="http://www.srh.noaa.gov/mlb">www.srh.noaa.gov/mlb</a> .....                 | 321-255-0212 |
| Price Gouging - <a href="http://www.800helpfla.com">www.800helpfla.com</a> .....                                | 800-435-7352 |
| Salvation Army - <a href="http://www.salvationarmysanford.org">www.salvationarmysanford.org</a> .....           | 407-322-2642 |
| Sanford Airport Authority - <a href="http://www.orlandosanfordairport.com">www.orlandosanfordairport.com</a> .. | 407-585-4000 |

### CABLE, ELECTRIC AND TELEPHONE

|  |              |
|--|--------------|
| AT&T - <a href="http://www.att.com">www.att.com</a> ..... (Consumer Service) 800-288-2020<br>(Repair) 877-737-2478 |              |
| Bright House Networks (cable) - <a href="http://www.cfl.mybriighthouse.com">www.cfl.mybriighthouse.com</a> ....    | 407-291-2500 |
| Century Link - <a href="http://www.centurylink.com">www.centurylink.com</a> .....                                  | 877-787-3987 |
| Duke Energy - <a href="http://www.duke-energy.com">www.duke-energy.com</a> .....                                   | 800-228-8485 |
| Florida Power & Light - <a href="http://www.fpl.com">www.fpl.com</a> .....   | 800-226-3545 |
| Florida Public Utilities - <a href="http://www.fpuc.com">www.fpuc.com</a> .....                                    | 800-427-7712 |



## SHELTER INFORMATION

- BENTLEY ELEMENTARY**    
2190 Oregon Ave. • Sanford
- CRYSTAL LAKE ELEMENTARY**  
231 Rinehart Rd. • Lake Mary
- ENGLISH ESTATES ELEMENTARY**  
299 Oxford Rd. • Fern Park
- JOHN EVANS ELEMENTARY**  
100 Chapman Rd. • Oviedo
- GENEVA ELEMENTARY**  
275 First St. • Geneva
- HAGERTY HIGH SCHOOL**  
3225 Lockwood Blvd. • Oviedo
- HIGHLANDS ELEMENTARY**   
1600 Shepard Rd. • Winter Springs
- LAKE BRANTLEY HIGH**  
991 Sand Lake Rd. • Altamonte Springs
- LAKE MARY HIGH**  
655 Longwood - Lake Mary Rd. • Lake Mary
- LAWTON CHILES MIDDLE**  
1240 Sanctuary Dr. • Oviedo
- LAYER ELEMENTARY**   
4201 State Road 419 • Winter Springs
- LYMAN HIGH**   
865 S. County Road 427 • Longwood
- MARKHAM WOODS MIDDLE SCHOOL**  
6003 Markham Woods Rd. • Lake Mary
- MIDWAY ELEMENTARY**  
2368 Brisson Ave. • Sanford
- MILLENNIUM MIDDLE**  
21 Lakeview Dr. • Sanford
- OVIEDO HIGH SCHOOL**  
601 King St. • Oviedo
- WALKER ELEMENTARY**  
3101 Snowhill Rd. • Chuluota
- WINTER SPRINGS HIGH**  
130 Tuskawilla Dr. • Winter Springs

### ICON KEY



# ✓ **Make a Plan**

- ✓ Learn the types of disasters most likely to occur in your community. Consider purchasing a weather radio (specific area message encoding) to alert you of severe weather conditions.
- ✓ Have enough supplies for a minimum of five days (optimal two weeks).
- ✓ Know how, when and where to shut off water, gas and electricity at the main sources to your home. Post emergency and utility provider numbers by the phone.
- ✓ Check your insurance coverage. Flood damage, for example, is not always covered by homeowners' insurance.
- ✓ Contact your child's school or daycare to determine the facility's emergency notification and evacuation plans. Ask what type of authorization is required to release a child to someone else if you are not available to pick them up.
- ✓ Plan your evacuation route.
- ✓ Make arrangements for pets or livestock in advance. Make sure your pet is up to date on immunizations and has a license tag and a collar, and use a break-away collar for cats.
- ✓ Identify the safest area to take shelter during a disaster event. The safest area may not be your home, but elsewhere in the county or state.
- ✓ Plan how your family will stay in touch if you become separated. Select an out-of-state contact for your family.
- ✓ Include your children in the planning process and discuss any fears they may have.
- ✓ Share information with your family. Practice your plan or evacuation route.



## **HOME PREPARATION**

It is important to prepare your home to make it as safe as possible during a disaster event.

## **STORM PREPARATION**

- Have trees on your property inspected/trimmed.
- Purchase window covering materials, tarps or other supplies ahead of time.
- Take pictures or video of inside contents and outside of your home in the event it is damaged.
- Install prominent and visible address numbers on your house.
- Secure lawn or pool furniture, potted plants and other potential flying objects.

## **DISASTER EVENTS CAN BE STRESSFUL FOR EVERYONE**

- Get enough rest, and take breaks when you need them.
- Set goals to help tackle obstacles.
- Talk with your family and friends about concerns or frustrations.
- Be patient with yourself and others.
- Remember that you are not alone and that there are resources available to help you.

# ✓ **Get a Kit**

## ✓ **WATER AND FOOD**

- Water - one gallon of water per day, per person. Store more for children, nursing mothers, pets and those with special needs (sealed bottled water is best).
- Food - two-week supply is best.
  - Canned goods - soup, meat, fruit and vegetables
  - Salt, sugar, pepper, spices
  - Powdered milk
  - Canned or boxed juices or energy drinks
  - High energy snacks
  - Baby food/formula
  - Paper cups, plates and plastic utensils
- Manual can opener

## ✓ **FIRST AID KIT AND MEDICATIONS**

- Two-week supply of prescription medicine and any medical equipment
- Aspirin or other pain relievers
- Anti-diarrheal and antacid medications
- Antibiotic and anti-itch creams
- Tweezers, bandages, scissors and safety pins
- Sunscreen and mosquito repellent

## ✓ **CLOTHING AND BEDDING**

(For all family members)

- Shoes, work boots, hats and gloves
- Raincoat
- Sleeping bags or blankets and pillows

## ✓ **COPIES OF IMPORTANT DOCUMENTS**

- Waterproof container for important documents
- Emergency plan and contact numbers
- Wills and insurance policies
- Financial documents and records
- ID, social security cards and passports
- Immunization records for family and pets
- Family records (birth, marriage and death certificates)
- A list and photos of your valuable items

### **KID TIP!**

Include some of your children's favorite books, games or small toys that will comfort them.



## **PET SUPPLIES FOR KIT**

- Food and water – (two-week supply)
- Food and water bowls
- Pet carrier
- Leash and collar with ID tags
- Toys, treats and bedding
- Pet medications
- Copies of vaccinations and medical records
- Waste disposal items (garbage bags, litter and pan)

*Small items should be placed in a waterproof container.*

These same items should be brought to the Pet-Friendly Shelter or other accommodations that accept pets, should you need to evacuate.



## ✓ **ESSENTIALS**

- Two week's worth of cash or traveler's checks
- A map of shelter locations
- Battery-operated radio
- Flashlight and extra batteries
- Fire extinguisher
- Hand tools - screwdriver, hammer, pliers and adjustable wrench
- Duct tape
- Scissors
- Plastic sheeting and garbage bags
- Plastic bucket with lid
- Waterproof matches
- Needle and thread
- Toilet paper and towelettes
- Disinfectant and household bleach
- Personal hygiene items
- Baby supplies
- Tarps



For a more detailed checklist, please visit:  
[www.PrepareSeminole.org](http://www.PrepareSeminole.org)

# Stay Informed

## STAY UP TO DATE - ALERT SEMINOLE!



Alert Seminole is a FREE electronic notification system, which will notify your cell phone, pager or other text message enabled device when there is a Seminole County emergency. Go to

[PrepareSeminole.org](http://PrepareSeminole.org) to register your electronic device and e-mail address for this valuable service.

## NOAA WEATHER RADIOS

NOAA weather radios broadcast weather information, warnings, watches, forecasts and other hazard information 24-hours a day. NOAA weather radios should be an essential part of your home or business emergency kit. To get Seminole County information, enter code number 012117 when programming your radio.



## REVERSE 9-1-1 SYSTEM

Seminole County relies on Reverse 9-1-1 technology to provide emergency voice notification. If you rely on cellular, unlisted or voice-over internet phones for normal phone service, you may not get these important messages. To register these devices go to [PrepareSeminole.org](http://PrepareSeminole.org) and click on "Register for Reverse 9-1-1."

## 3-1-1 MOBILE PHONE APP

Android and Apple users now have access to government services on a mobile phone or hand-held device such as a tablet or iPad. Available on the iTunes App Store® and the Google Play Store,® the "Seminole 311" App provides access to social media, the Prepare Seminole guide online and allows you to report damage after a storm.

## SPECIAL NEEDS

Seminole County special needs shelters are available for those who have medical conditions that require attention. Pre-registration is encouraged. People who require dedicated 24-hour nursing care or a hospital bed should make prior arrangements with a physician, caregiver or home health care agency. To register for persons with special needs services, go to [www.prepareseminole.org](http://www.prepareseminole.org) and click "Special Needs."



## GENERATOR SAFETY

- Ground the generator to prevent electrical shock.
- Do not connect the generator directly to your home's wiring or outlet. (It can injure you or utility workers.)
- Connect individual appliances directly into the generator receptacle outlet.
- Do not operate more equipment than the output rating of the generator.
- Only operate a generator outdoors in a well-ventilated, dry area, away from air intakes to your home.
- Do not store fuel indoors or refuel a generator while it is running.
- Turn off all equipment powered by the generator before shutting down your generator.
- Keep children away from generators.
- Read the instruction manual, know how to operate your generator and plan to set it up before a disaster event.

## HEALTH AND SAFETY TIPS

**SAFE FOOD:** A closed refrigerator will keep food safe for about 4 hours without power, and closed freezers will keep food safe for 36 to 48 hours. Discard any food that has reached 41°F or above. Do not try to refreeze completely thawed foods. Any food, including canned goods, which have been exposed to flood water, should be thrown away.

**SAFE WATER:** Boiling water may be necessary if there is a flood or power loss. Fully boil water for at least one minute before using it for drinking, cooking, making ice or brushing teeth. Infants and pregnant women should drink bottled water if possible.

**DEBRIS AND GARBAGE:** After a disaster event, garbage service may be delayed. Place garbage/debris at the curb as soon as possible. Keep debris piles low. Do not block sidewalks, storm drains or fire hydrants. Separate building debris, vegetative waste and household garbage.

**PREVENT ILLNESS:** Wash hands often and before eating. Wash dishes in cold water with chlorine bleach added. Wear sturdy shoes to protect against wounds that can cause infection.

## EMERGENCY INFORMATION



During a disaster event, you can tune in to Seminole Government Television (SGTV) on Bright House Networks Channel 498 or radio station WUCF (89.9 FM), for Seminole County information, or check [www.facebook.com/SeminoleCounty](http://www.facebook.com/SeminoleCounty) or <https://twitter.com/seminolecounty>.

## HURRICANE TERMS

*The Atlantic hurricane season is June 1 to November 30.*

**A Hurricane (Tropical Storm) Watch** issued for your part of the State indicates the possibility that you could experience hurricane conditions within 48 hours. This watch should trigger your family's disaster plan, and protective measures should be initiated, especially those actions that require extra time such as securing a boat, leaving a barrier island, etc.

**A Hurricane (Tropical Storm) Warning** issued for your part of the State indicates that sustained winds of at least 74 mph are expected within 36 hours or less. Once this warning has been issued, your family should be in the process of completing protective actions and deciding the safest location to be during the storm.

## FLOOD PREPARATION

- Fill sandbags. Place parallel to the direction of water flow with the flap in the direction of the flow.
- Move valuables and furniture to higher floors or elevate if in a single story home.

## WILDFIRE PREPARATION

- Create a 30-to-100 foot buffer around your home by raking leaves and clearing dead limbs and vegetation.
- Create a 15 foot space between tree crowns and remove limbs within 15 feet of the ground.
- Remove dead branches that extend over the roof.
- Mow grass regularly and keep property clear of debris.
- Keep a garden hose on hand that is long enough to reach any areas of the home and other structures on the property.

## SHELTER-IN-PLACE PROCEDURES

Sheltering in place may be required in situations where dangerous chemicals are released into the environment. The procedures in the workplace are similar to sheltering in place at home.

- Bring pets inside and shut and lock all windows and doors.
- Turn off all air handling equipment (heating, ventilation, and/or air conditioning).
- Go to a pre-determined sheltering room.
- Turn on a television or radio to listen for further instructions. When the "all clear" is announced by the fire department, open windows and doors, turn on ventilation systems and go outside until the building's air has been exchanged with the now clean outdoor air.

## VOLUNTEER

Preparedness is a shared responsibility. Seminole County relies on community volunteers, non-profit, and faith-based organizations before, during, and after times of disaster. By working together, everyone can keep the community safe from harm and resilient when a disaster strikes.

How to Volunteer Successfully:

- Identify skills and talent.
- Get training before the next disaster.
- Connect & affiliate with a voluntary organization.
- Become a student intern/volunteer.

## ADOPT-A-SHELTER PROGRAM

The Adopt-a- Shelter Program is an opportunity for any non-profit, faith-based, or private organization to demonstrate community involvement and support the County's emergency shelters in a disaster. The American Red Cross and the Office of Emergency Management will provide free training for all volunteers wishing to assist in a shelter. Upon completion of the program, your agency's name will be displayed on a sign and placed near the shelter to acknowledge your efforts. In order to participate in the program the organization must:

- Assemble a team of a minimum of 10 volunteers
- Establish a team leader and two alternate leaders
- Keep track of training records for the team
- Provide annual updates to the Office of Emergency Management



## INTERNSHIP PROGRAM

The Office of Emergency Management provides internship opportunities to higher education students seeking careers in disaster management, homeland security, criminal justice, urban planning, communications and information technology. Students get experience in public administration, project management, and exercise coordination and facilitation. The program is an excellent way to give back to the community while preparing for a career in any field.

## TORNADO TIPS

**What you should do in the event of an approaching tornado:**

- \* Stay away from windows.
- \* Do not open doors and windows.
- \* Seek shelter in an interior room or closet on the lowest level of your house.
- \* Leave mobile homes and move to a low-lying area or ditch.
- \* If seeking shelter outdoors, do so in a ditch or low-lying area.
- \* Protect your head from falling debris or flying objects.
- \* Do not seek shelter in a vehicle.

