

Resolution No. 2005-R-_____

RESOLUTION

**THE FOLLOWING RESOLUTION WAS
ADOPTED AT THE REGULAR MEETING
OF THE BOARD OF COUNTY COMMISSIONERS
OF SEMINOLE COUNTY, FLORIDA ON THE
12th DAY OF SEPTEMBER, 2006.**

WHEREAS, the use of illegal drugs and the abuse of alcohol and nicotine constitute the greatest threats to the well-being of America's children; and

WHEREAS, surveys conducted by the National Center on Addiction and Substance Abuse (CASA) at Columbia University have consistently found that the more often children and teenagers eat dinner with their families the less likely they are to smoke, drink and use illegal drugs; and

WHEREAS, teenagers who virtually never eat dinner with their families are seventy-two percent more likely than the average teenager to use illegal drugs, alcohol and cigarettes; and

WHEREAS, teenagers who almost always eat dinner with their families are thirty-one percent less likely than the average teenager to use illegal drugs, alcohol and cigarettes; and

WHEREAS, the correlation between family dinners and reduced risk for teen substance abuse are well documented; and

WHEREAS, parental influence is known to be one of the most crucial factors in determining the likelihood of substance abuse by teenagers; and

WHEREAS, family dinners have long constituted a substantial pillar of family life in America.

NOW, THEREFORE, BE IT RESOLVED by the Board of County Commissioners of Seminole County, Florida, do hereby proclaim the fourth Monday in September as

Family Day – A Day to Eat Dinner With Your Children

And urge all citizens to recognize and participate in its observance.

ADOPTED this 12th day of September, A.D. 2006

ATTEST:

Maryanne Morse, Clerk to the
Board of County Commissioners
In and for the County of Seminole,
State of Florida

Carlton D. Henley, Chairman
Board of County Commissioners